



THE Federal Nutrition Advisory Coalition

**Quarterly Meeting
July 21, 2025**

Agenda

- Welcome and brief introduction of new FNAC members
- Federal policy landscape update
- Food is Medicine Institute Director's update
- FIMI policy engagement and related updates
- FNAC member updates and group discussion

Welcome new FNAC members!

The Federal Nutrition Advisory Coalition (FNAC) is an ad hoc alliance of more than 100 clinical organizations, advocacy groups, public health nonprofits, academic institutions, and private sector companies dedicated to building national momentum and support for advancing effective policies around three priorities: **food is medicine, nutrition security, and nutrition research.**



Federal Policy Landscape Update

*Dane Christiansen,
Health and Medicine Counsel*



Budget Reconciliation (“Big, Beautiful Bill”)

GENERAL INFORMATION

- While the appropriations process mainly deals with discretionary programs (NIH, CDC, etc.) budget reconciliation deals with mandatory spending (Medicaid).
- Can pass with a simple majority, had to be done by Sept. 30th (but Pres. Trump imposed a July 4 deadline); can only impact tax/spend policy.

OUTCOME

- House passed its version May 21 (215-214), Senate passed its version July 1 (51-50), House passed the Senate version July 3 (218-214), President signed into law July 4.
- H.R. 1 continues lower tax rates while reducing benefits for entitlement programs and associated (largely mandatory) funding, such as Medicaid and SNAP.



Key Provisions from H.R. 1 re: Health and Nutrition

Medicaid

- Adopts **work requirements** for Medicaid that require states to condition Medicaid eligibility for adults on participating in a variety of qualifying activities for at least 80 hours per month (to be phased in at end of 2026; exceptions apply); **eligibility checks** to be conducted every six months and require states to verify address and related information.
- **Section 1115 waivers** can only now be used if they are not expected to result in any increased federal spending.
- **Financial penalties and payment reductions** are implemented for states that regularly make improper or over-payments starting in 2030.
- Establishes a “**rural health transformation**” program to provide \$50 billion in grants to states for workforce development, health interventions, and care delivery, between FY 2026 and FY 2030.

Key Provisions from H.R. 1 re: Health and Nutrition

Medicare

- One-year **increase to payment rates** to Medicare providers.
- While Medicare currently presents fewer opportunities for coverage of FIM services (via Medicare Advantage supplemental benefits and SSBCI), this **relative protection of Medicare** may suggest continued opportunity for FIM stakeholders to expand FIM opportunities in the program.

SNAP

- Implements administrative **cost-sharing requirements** and matching fund requirements for states.
- Tightens SNAP **work requirements**, particularly for able-bodied adults.
- **Eliminates funding** for the Nutrition Education and Obesity Prevention Grant Program (also known as SNAP-Ed) - although Congress can still fund SNAP-Ed via annual appropriations.
- Expected to impact **school meals** (via reduction in direct certification numbers, which impacts the Community Eligibility Provision).

FY26 Budget and Appropriations Process

PRESIDENT'S BUDGET REQUEST

- Non-binding set of recommendations traditionally released in February.
- This year, released very late in the appropriations process (after bill crafting started).
- More political than normal with dramatic cuts and program changes.
- Proposes ~40% cut and major re-org of NIH; creation of new “Administration for a Healthy America” with \$20B in funding; \$500M for MAHA Commission activities.

CONGRESSIONAL APPROPRIATIONS

- Congress has sole constitutional authority to decide how much funding and where it goes.
- No combined budget resolution, House will match President's funding level while Senate is likely to provide bipartisan increases.
- Not much appetite for wholesale reorganization; but if Congress wanted to change the structure of HHS entities it will do so through a transparent process with the authorizing committees that would not start until reconciliation concludes.



Food is Medicine Institute Director's Update

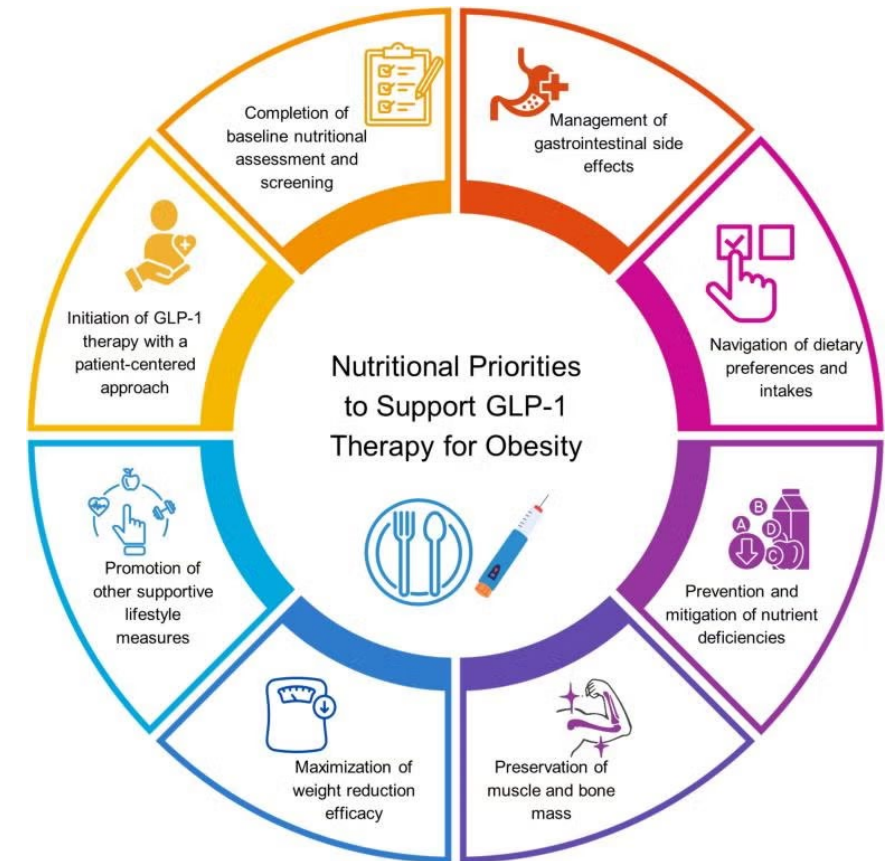
Dariusz Mozaffarian



Nutritional Priorities to Support GLP-1 Therapy for Obesity:

A Joint Advisory from the American College of Lifestyle Medicine, the American Society for Nutrition, the Obesity Medicine Association, and The Obesity Society (May 30)

- GLP-1s for obesity are FDA-approved as an adjunct to nutrition and lifestyle therapy -- not the other way around. Yet in practice, nutrition and lifestyle are often inadequately incorporated -- or even ignored.
- GLP-1s can be effective but have many challenges: GI side effects, nutrient inadequacies, muscle and bone loss, low long-term adherence, weight regain, and high costs.
- Most people prescribed a GLP-1 stop taking it by one year, and 85% stop by two years. Weight regain is common, and most regained weight will be fat, rather than lost muscle and bone.
- A comprehensive program of nutritional and lifestyle counseling is critical to help address these challenges, maximize overall efficacy, and improve cost-effectiveness of GLP-1s for obesity.
- This new Advisory describes the key components of such a strategy, from assessment to treatment to follow-up.



Potential Policy and Regulatory Actions to Address Ultraprocessed Foods

- **Taxation** (e.g., taxes on SSBs, candy, junk food)
- **Labeling** (e.g., FOP icons, warning labels)
- **Dietary guidelines** (e.g., guidelines in other countries)
- **School meals** (e.g., meal standards)
- **Federal nutrition programs** (e.g., SNAP waivers)
- **Food procurement** (e.g., U.S. Food Service Guidelines for Federal Facilities)
- **Food safety** (e.g., safety review of food additives, banning additives)
- **Food marketing** (e.g., prohibit marketing/advertising if high in)



Forthcoming FDA Request for Information on UPF

- According to a [statement](#) from FDA Commissioner Makary, FDA plans to issue a request for data and information “to help develop a uniform definition of ultra-processed foods, and industry roundtable, paving the way for additional study and action.”
- The White House (Office of Information and Regulatory Affairs) [concluded its regulatory review](#) of the RFI on July 16, paving the way for the RFI’s public release.
- A UPF definition could have wide research and policy implications, including for food is medicine initiatives.

U.S. State and Federal Actions for Food Ingredient Safety (July 14)

Nature Food article describes seven actions that FDA can take to meet the federal administration's goal of eliminating the self-GRAS loophole and addressing unsafe ingredients already in the food supply. Emphasizes that any of the suggested actions will require new FDA staffing and resources.

- Require pre-market notice and approval of all new compounds added to foods.
- Require companies to publicly notify FDA, and provide underlying safety data before use, for all new proposed GRAS ingredients.
- Exercise post-market authority to review the safety of ingredients already in the food supply.
- Exercise regulatory authority to ban a GRAS compound, food additive, or color additive associated with health harm by revoking its GRAS status or the regulation that authorizes its use.
- Update the required testing and safety standards for GRAS, food additive, and color additive determinations.
- Leverage authority beyond complex chemicals to address harms of excess added salt, sugar, and caffeine.
- Leverage EU, UK, Canada, and Australia regulatory decisions on ingredients (i.e., review and accept those countries' determinations).



MAHA Commission Report: JAMA Viewpoint (June 30)

Outlines dietary challenges highlighted by the report and provides immediate research and policy actions that can be taken to address poor childhood nutrition (i.e., to reduce intake of UPFs; promote intake of minimally processed, nutrient-dense foods; lower sodium intake)

- Fund robust **nutrition research**; create a new National Institute of Nutrition at NIH
- Test, evaluate, and scale effective **Food Is Medicine programs**, including for children
- Reform and strengthen **federal food programs**; reverse cuts to SNAP, Medicaid
- Close the “generally recognized as safe” (**GRAS**) loophole; modernize **food labeling**; set **mandatory limits** on excess sodium and added sugars
- Restrict **food marketing** to children
- Accelerate **private sector innovation** in affordable, healthy food via tax, regulatory, and loan incentives
- Advance **regenerative agriculture**
- Appoint a **national director of food and nutrition** at the White House to coordinate efforts



CMS Notice of Proposed Rulemaking: MTM Questions

- CMS released on July 14 a [Notice of Proposed Rulemaking](#) on the 2026 Medicare Physician Fee Schedule.
- The NPRM provides a broad **RFI on “Prevention and Management of Chronic Disease.”** This section of the proposal solicits feedback on specific questions, including: “How could we better support prevention and management, including self-management, of chronic disease?”
- The RFI also asks several questions about **coding and payment for medically tailored meals:**
 - *Should CMS consider creating separate coding and payment for medically-tailored meals, as an incident-to service performed under general supervision of a billing practitioner? If so, what would be the appropriate description of such a service, and under what patient circumstances (that is, after discharge from a hospital)?*
 - *Do community-based organizations providing medically tailored meals currently employ a physician, nurse practitioner, physician assistant, or other practitioner who could both bill Medicare and supervise a medically-tailored meal service?*
 - *Should CMS consider allowing billing providers to refer to community-based organizations to deliver and ensure quality of medically-tailored meals while under general supervision...of the referring billing provider?*
 - *If CMS were to create separate coding and payment for medically tailored meals, how should CMS ensure integrity of the service being delivered?*

Soil Health Roundtable

- Hosted on July 15 by Senator Roger Marshall with remarks from Secretary Kennedy and Secretary Rollins
- Testimony from 10 experts in food and agriculture with topics including precision agriculture technology; the role of soil health in producing nutrient-dense food



Food is Medicine Institute Policy Engagement Update

Emily A. Callahan



Administration Activities (examples)

- **MAHA Commission** established via February 13 [Executive Order](#), tasked to:
 - Study the scope and contributing causes of the childhood chronic disease crisis (within 100 days) – released May 22, 2025
 - Provide government-wide recommendations on policy and strategy to address the identified causes – expected August 12
- **Nominations** for leaders of [CMS](#), [FDA](#), [NIH](#) confirmed by Senate; **CDC** Director nomination [approved](#) by Senate HELP Committee, awaiting full Senate vote
- HHS announces [major RIF and restructuring](#), proposes new [Administration for a Healthy America \(AHA\)](#), targets voluntary phase-out of petroleum-based synthetic [dyes](#), directs FDA to explore rulemaking to [revise the GRAS](#) final rule; works on **Dietary Guidelines for Americans, 2025-2030**, [solicits pitches](#) for “Take Back Your Health” **public awareness campaign**; comments about [nutrition in medical education](#); cancels [USPSTF](#) July meeting
- White House calls for “[Gold Standard Science Plans](#)” from federal agencies (must report by Aug 22 how they will restore “gold standard science” in their work)
- USDA approves [SNAP food restriction waivers](#) in 6 states (AR, ID, IN, IA, NE, UT); cancels ~\$1B in [local food programs](#); terminates the [Regional Food Business Centers](#) program
- **Funding moves:** cuts to university grants; admin budget proposal cuts NIH ~40%



Signals of Support for FIM from the Administration

- NIH budget's Congressional Justification document highlights FIM Centers of Excellence as one of three initiatives under the heading "Tackling the Chronic Disease Crisis" (see [page 6](#))
 - *"...nutrition has not been prioritized in either medical education or routine primary care medicine. The Food is **Medicine Centers of Excellence Program** will specifically address the existing gap between nutrition support and clinical care by supporting programs that respond to the critical link between diet and health with the provision of healthy food, as well as having health care organizations as their nexus...this innovative Program will also support implementation science and intervention and health quality research on culturally sensitive Food is Medicine initiatives and other strategies to improve public health and address barriers to care."*
- HHS/Administration for a Healthy America FY26 budget justification highlights the FIM Initiative as an accomplishment (see [page 89](#))
- Secretary Kennedy [visits](#) Mom's Meals, a provider of MTMs, in Oklahoma City in July
- Questions on coding and payment for medically tailored meals appear in [CMS proposed rule](#) re: Medicare Physician Fee Schedule

Capitol Hill Luncheon

May 20, 2025 – Capitol Hill, Washington D.C.

- Hosted by the Food is Medicine Institute and Food Tank
- Remarks from 5 bipartisan Members of Congress
- In-person space filled **beyond capacity** + **2,100** online
- ~**3,600** views of online recording to date

Food Tank and The Food is Medicine Institute at Tufts University present...

Improving Health While Managing Healthcare Spending: ENTER FOOD IS MEDICINE



Rep. Buddy Carter
U.S. Member of
Congress



Dariush Mozaffarian
Food is Medicine
Institute



Rep. Chellie Pingree
U.S. Member of
Congress



Kofi Essel
Elevance Health



Rep. Vern Buchanan
U.S. Member of
Congress



Rep. Greg Murphy
U.S. Member of
Congress



Rep. Robin Kelly
U.S. Member of
Congress

TUESDAY, MAY 20, 2025
11:30 AM - 1:30 PM
CAPITOL HILL LUNCHEON

U.S. Capitol Visitor Center, Room HVC-200
1st St SE | Washington, DC 20515
And Online

Tufts
UNIVERSITY

Gerald J. and Dorothy R. Friedman
School of Nutrition Science and Policy
FOOD IS MEDICINE INSTITUTE

foodtank





Congressional Remarks

- U.S. Member of Congress Buddy Carter
- U.S. Member of Congress Greg Murphy, MD
- U.S. Member of Congress Robin Kelly
- U.S. Member of Congress Vern Buchanan
- U.S. Member of Congress Chellie Pingree

Organizational Sign-On Letter: Nutrition Research and Food is Medicine

Letter to U.S. House and Senate Appropriations leaders in support of meaningful funding and report language around nutrition research and food is medicine-related initiatives.

- Delivered to relevant congressional offices earlier in July
- 119 organizations
- The [sign-on form](#) will remain open for additional signatories

Sign-on Letter Priorities

1. NIH funding to support food is medicine and nutrition research and launch Food is Medicine Networks or Centers of Excellence
2. HHS funding to continue the Department's Food is Medicine initiative
3. HRSA funding for food is medicine for maternal health
4. Support for diet and chronic disease research at NIH
5. Support for expanding access to and coverage of medically tailored meals and produce prescriptions
6. Support for nutrition education for doctors



Updates on Anticipated and Introduced FIM Legislation

- [MTM Demonstration Act](#) expected to be re-introduced in House and Senate
 - Voted out of House Ways & Means Committee with exceptional support during the 118th Congress
 - Pilot in 40 hospitals to provide a minimum 12-week MTM intervention (at least 2 MTM/day, plus access to 1:1 nutrition counseling, education, and/or medical nutrition therapy)
- [Veterans Nutrition and Wellness Act of 2025](#) introduced in the House
 - Directs the Secretary of Veterans Affairs to establish and carry out a pilot program to administer medically tailored meals and groceries to eligible veterans
- **Bill to require nutrition services and FIM in community health centers** expected to be introduced in Senate
 - Excerpts CHC/nutrition text from the 118th Congress S.2840
- [FOOD for Health Act](#) expected to be re-introduced in House and Senate
 - 118th Congress version of the bill directed the Secretaries of USDA and HHS to provide grants to FIM programs that prioritize local foods and regional diversity; authorized \$20 million through FY2029; required report analyzing efficiency and impact on patient outcomes, system costs

3RD ANNUAL

Food is Medicine National Summit

Tufts
UNIVERSITY

Gerald J. and Dorothy R.
Friedman School of
Nutrition Science and Policy

**FOOD IS MEDICINE
INSTITUTE**



OCTOBER 8-9, 2025
Boston & Virtual



Registration link: <https://tuftsfimsummit.org/>

Keynote Speakers



Jay Bhattacharya

Director, National
Institutes of Health



Victor Dzau

President, National
Academy of Medicine



Allen Williams

Founder, Understanding
Ag

Confirmed Panelists & Moderators



Mary Ann Brody
Devoted Health



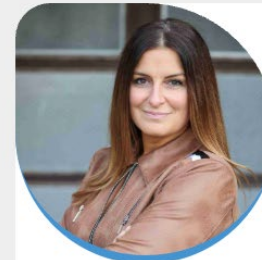
Seth Berkowitz
University of North
Carolina School of
Medicine



Dion Dawson
Dion's Chicago
Dream



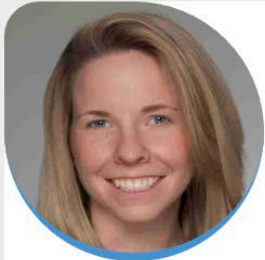
Lauren Driscoll
NourishedRx



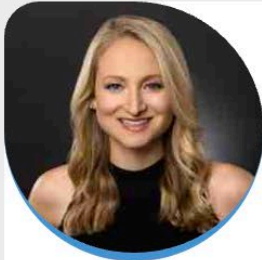
Lindsay Hanson
John Hancock



Hollie Harris
Appalachian
Regional
Healthcare



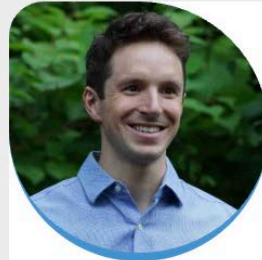
Katie Garfield
Center for Health
Law and Policy
Innovation,
Harvard Law
School



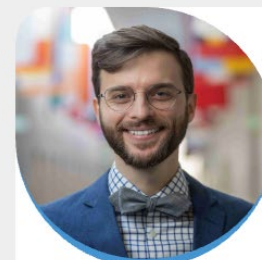
Nira Goren
Google



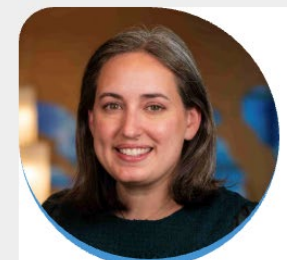
Alka Gupta
Weill Cornell
Medicine



Kurt Hager
UMass Chan
Medical School



Ryan Kane
Food is Medicine
Institute



Devon Klatell
The Rockefeller
Foundation

Confirmed Panelists & Moderators



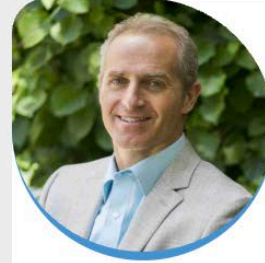
Sean Hashmi
Southern
California
Permanente
Medical Group



**Kelseanna Hollis-
Hansen**
Food is Medicine
Institute



Jason Montrie
NationsBenefits



**Dariush
Mozaffarian**
Food is Medicine
Institute



**Danielle
Nierenberg**
Food Tank



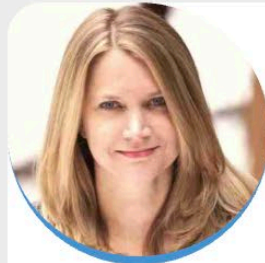
Michel Nischan
Wholesome Wave



Jon Liu
Amazon



Sarah Mastrorocco
Instacart



Andrea Petersen
Wall Street
Journal



Kyu Rhee
National
Association of
Community
Health Centers



Ronit Ridberg
Food is Medicine
Institute



Lisa Rosas
Stanford School of
Medicine

Confirmed Panelists & Moderators



Pam Schwartz
Kaiser
Permanente



Hilary Seligman
University of
California San
Francisco



Lori Taylor
Blue Cross Blue
Shield – North
Carolina

Wednesday, October 8 (Livestreamed)

Schedule

- 11:00am – 4:00pm ET: Panels and keynotes

Keynotes:

- Jay Bhattacharya, Director, NIH
- Victor Dzau, President, NAM
- Allen Williams, Founder, Understanding Ag

Panel Topics

- The Value Proposition of FIM
- FIM in the Era of GLP-1s
- FIM National Policy Challenges and Opportunities
- Shifting the Food System: UPF, Additives, and GRAS



FNAC Member Updates and Discussion

FNAC Member Updates and Discussion

Academy of Nutrition and Dietetics

- [Academy of Nutrition and Dietetics' Food as Medicine Strategic Roadmap](#)

Community Servings

- [Food is Medicine Massachusetts Service Inventory](#)

Dion's Chicago Dream

- Policy Brief: [H.R. 1 "One Big, Beautiful Bill Act" Key Take-Aways](#)

The Center for Health Law and Policy Innovation of Harvard Law School (CHLPI)

- [Maximizing the Impact of Nutrition Interventions with Local Food Procurement \(Executive Summary\)](#)
- [Webinar, July 31 @ 2:00pm EST](#)

The Rockefeller Foundation

- [Public Perception of Food is Medicine in Healthcare](#)

American College of Lifestyle Medicine

- First clinical practice guideline to focus on lifestyle and nutrition interventions for chronic disease treatment.
- Provides a comprehensive and evidence-based roadmap for clinicians to effectively incorporate therapeutic lifestyle behavior interventions as a primary means of type 2 diabetes treatment.
- 20-member guideline panel with diverse backgrounds, including 2 consumers
- 14 recommendations (key action statements)
- Full guideline, executive summary, plain language summary

Rosenfeld RM, Grega ML, Karlsen MC, et al. Lifestyle Interventions for Treatment and Remission of Type 2 Diabetes and Prediabetes in Adults: A Clinical Practice Guideline From the American College of Lifestyle Medicine. American Journal of Lifestyle Medicine. 2025;19(2_suppl):10S-131S. <http://doi.org/10.1177/15598276251325488>

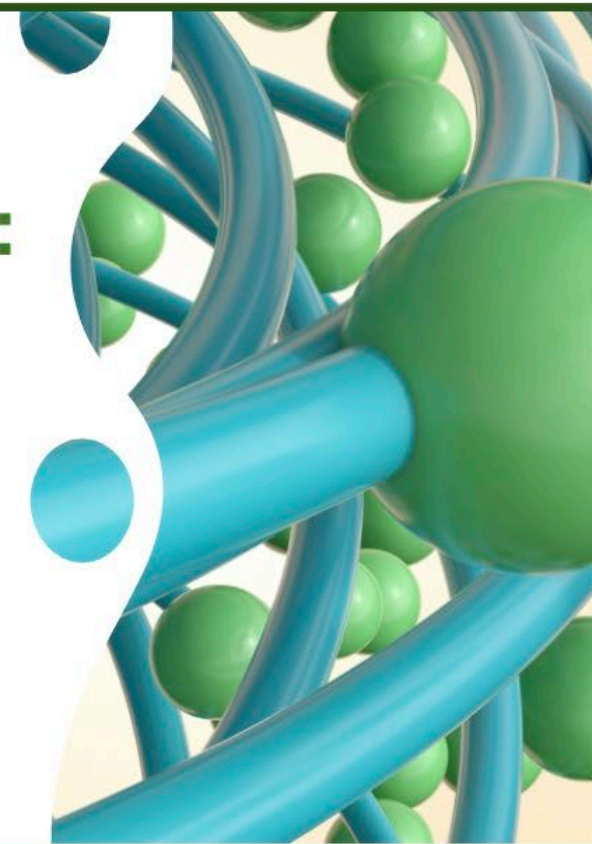


Call for Papers

Advancing Systems-Based Dietetic Practice: Evidence, Innovations, and Impact

Submit by 6 December 2025

JHND
Journal of Human Nutrition and Dietetics



Call for Papers: Advancing Systems-Based Dietetic Practice: Evidence, Innovations, and Impact
Email Angie Tagtow for questions: Angie.tagtow@mac.com

NYS FAM Coalition

- [NYS Food Supplier Map](#)
 - Are you a food program looking for vendors from which to purchase food to fill your inventory? Use this map to find wholesale, retail, and box food suppliers near you that sell food to emergency food programs and food as medicine programs in your area.
- [FAM Provider Map \(image at right\)](#)
 - Are you a care provider looking to refer a client, patient, or community member to a food as medicine program? Use this map to find FAM programs that serve your area.

NEW YORK STATE FOOD AS MEDICINE COALITION

Home | About | Get Involved | **Resources** | Contact Us | Member Log In

NYS Food as Medicine Provider Map

Are you looking for a Food as Medicine program to refer your clients? Use this map to find FAM Service Providers that serve your area. Pins on the map represent the primary address of the program and may not be representative of coverage area. Use the "County Served" filter to only show programs that cover a specific area.

Search by:

Type of FAM Program: (All) | Pickup or Delivery: (All) | County Served: (All) | Open Days: (All) | Open Hours: (All)

[Reset Filters](#)

Program Information

Select a location on the map to view the program's information below.

List of Programs by County Served

Use the filters at the top of the page to refine the list. Click the program name to view their information in the panel above.

County	Organization:
Albany	American Nutrition Alliance Inc.
	EatWell
	God's Love We Deliver, Inc.
	Hungry Harvest
	Mercato, Inc.
	Mom's Meals
	Performance Kitchen
	Regional Food Bank of NENY
	RxDiet
	St. Peter's Health Partners
Allegany	Allegany Co. Community Opportunities & Rural Dev.
	American Nutrition Alliance Inc.

© 2025 Mapbox © OpenStreetMap

Don't see your FAM Program listed on the map? [Submit Your Info](#). Want to request a change to your information? [Contact us](#)

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[View on Tableau Public](#)

Email vic@thefoodpantries.org to have your organization added to the maps

Thank you!

Stay tuned for an announcement about our fall quarterly meeting date.

fnac@tufts.edu

